

## **RULES:**

**College out of bounds (Officials discretion when near edges, safety first)**

### **Overtime:**

1 minute Sudden Death. 30 Second Ultimate Ride Out

### **Exhibitions:**

The kids are here for matches, GET THEM MATCHES! But the rounds need to keep moving. If a dual meet goes too long, the exhibitions will have to wait till the next round or an empty mat.

### **Periods:**

**Elementary: 1:00 – 1:00 – 1:00**

**Junior High: 2:00 – 1:00 – 1:00**

**High School: 1:30 – 1:30 – 1:30**

### **Blood Time:**

Coaches are responsible for their wrestler and clean up. No time kept, but if the bleeding is not stopping, the next match will be started, and the current match will be finished later in the dual meet.

### **Dual Meet Rounds/Matches:**

**Have your team ready to wrestle immediately after your dual meet. NO BREAK BETWEEN ROUNDS:** Roll right into the next match; do not have to wait till the next round.

**\*EACH TEAM MUST PROVIDE A TABLE WORKER\***

**Weigh-ins:**

The Miller Center for Recreation and Wellness. (millercenterlewisburg.com) 120 Hardwood Dr, Lewisburg, PA 17837

Friday July 5<sup>th</sup>

**Early Weigh-ins** 12:00pm – 1:30pm. (\$100 per team, or \$15 per individual)

Weigh-ins close at 1:30pm and doors re-open at 6:00pm

Regular no charge weigh-ins. 6:30-7:15 pm. . Please let your parents know that building is closed at 7:30 pm. Traffic will be bad, plan accordingly.

Saturday July 7<sup>th</sup> 6:00 – 6:30 am. (late weigh in fee of \$15 after 6:30 am)

**Do not have to weigh-in as a team, but try to as much as possible. Helps move weigh-ins along.**

**COACHES MEETING SPACE** : The multipurpose room D/E is near the Turf Field. **Coaches Meeting 7:45am Saturday July 6th**

**Wrestling:** 8:00 AM Start, Hoping to be done around 4:30pm

**Weights: 1 pound allowance and must weigh in a singlet**

**High School: Grades 9-12 (2018-2019)Periods** 1:30, 1:30, 1:30 109, 116, 123, 129, 135, 140, 147, 155, 163, 174, 190, 215, 285

**Junior High: Grades \*7-9 (2018-2019) (NO HS VARSITY EXPERIENCE for 9<sup>th</sup> graders) Periods** 2-1-1 77, 82, 87, 92, 97, 102, 107, 112, 119, 127, 135, 145, 160, 180, 252

**Elementary: Grades 3-6\* (2018-2019) Periods** 1-1-1 53, 56, 62, 66, 70, 74, 78, 82, 86, 90, 95, 100, 106, 113, 128, 150

\*Graduating 6<sup>th</sup> graders, that are 7<sup>th</sup> graders for the 2017-2018 school year have the option to wrestle Elementary or Junior High.

**Chuck Johnson**

[chuck@bisonlegendevents.com](mailto:chuck@bisonlegendevents.com)

Hello Coaches and Parents!

We are excited to host **Buffalo Valley RTC Duals** by [Chuck@bisonlegendevents.com](mailto:Chuck@bisonlegendevents.com) at the Miller Center. We look forward to hosting your team and we hope to make it a tremendous experience for you and your wrestlers!

I have also attached a map of the parking at the Miller Center. ***The address for the Miller Center is 120 Hardwood Drive, Lewisburg, PA 17837.*** Please be sure to inform your families that they cannot park in the Giant parking lot nor the other businesses.

Only water is permitted around mats and courts. No outside coolers may be brought in. Stadium chairs are allowed.

**ADMISSION :**

\$15 for adults \$5 students

**WE WILL COVER A MAX OF 2 COACHES PER TEAM and 1 TABLE WORKER:** *Please send your coaches/table worker names ahead of time to Chuck Johnson. If coaches/table worker are not sent, then all coaches not listed will be charged at the gate.*

**WAIVERS :** All players will need to sign a waiver before weigh in. Waiver is attached to have it completed ahead of time.

**COACHES MEETING SPACE :**

The multipurpose room D/E is near the Turf Field. Coaches Meeting 7:45am Saturday July 6th

**EXPECTATIONS AND STANDARDS :**

We expect the highest standards of sportsmanship from coaches, players, and fans. We do not tolerate profanity. In addition, I would ask that you make sure your wrestlers pick up their empty water bottles or other garbage after a dual and throw it out. During any dual I would ask that all backpacks, gym bags, etc. be left behind the team chairs to minimize the risk of injury and to keep the facility neat.

## **TRAINER :**

We will have 2 certified trainers on site all weekend. They will be available to tape before duals if needed.

## **CHAMPIONSHIP TEAMS :**

Championship teams will receive a trophy and medals. Second place teams receive medals.

## **CONCESSIONS :**

The Miller Center has it's own café, the Cornerstone Kitchen, with lots of healthy and delicious options. Outside food is not permitted in the building. We have expanded our menu so players, parents and coaches will enjoy our new options!

Our goal is to make this weekend a great experience for you and your team, so please do not hesitate to let us know if there's anything that you need. I look forward to seeing you all this weekend and to watching your teams compete!

Kyle Snyder  
Sports, Recreation and Fitness Director  
[120 Hardwood Dr.](#)

[Lewisburg, PA 17837](#)

email: [kyle.snyder@millerrec.org](mailto:kyle.snyder@millerrec.org)  
web site: <https://www.millercenterlewisburg.com>

